



EN NUVITA 1253 BREAST MILK STORAGE BAGS

ALWAYS CONSULT YOUR DOCTOR FOR RECOMMENDED BREAST MILK FEEDING PRACTICES.

INSTRUCTION FOR USE:

- Tear the perforated seal and pull the double-zipper seal apart.
- Gently squeeze with your thumb and index finger placed at the left and right end corners of the zip-lock area to open the bag (Note: The bag will not stand upright on its own unless it reaches its highest volume capacity).
- Pour the expressed milk into the bag.
- Remove any excess air from the bag by gently running your fingers above the existing milk level.
- Secure the double-zipper seals to avoid possible leakage.
- ONLY use a permanent ink soft tip pen to fill in the required information such as name, date etc.

STORING INSTRUCTIONS:

- Ensure the double-zipper seal is properly closed. For greater stability, it is advisable to lay the bag while in the fridge or freezer.

THAWING INSTRUCTIONS:

- Never thaw the milk in a microwave or in boiling water.
- Keep the bag sealed, thaw overnight in the refrigerator or by holding the sealed bag under warm water.
- When breast milk is stored in fridge/freezer the fat will separate from the rest of the liquid forming the top layer and this is normal.
- With the bag sealed, gently tilt the bag back and forth until the milk is blended.
- Pour the milk into a sterile container and immediately feed it to the baby.
- Never reuse the breastmilk bag. Use only once and dispose the bag safely out of reach of children.